

<b>BRR Club Records - Female - OVERALL</b>					
<b>Distance</b>	<b>Time</b>	<b>Name</b>	<b>Event</b>	<b>Date</b>	<b>Class</b>
5k	00:19:03	Sue McTigue	Morecambe 5k	02/06/2024	V55
5 Miles	00:32:50	Rachael Gavin	Hale Village 5 Mile	01/04/2018	Sen
10k	00:39:21	Sue McTigue	Run Tatton 10k	19/11/2023	V50
10 Miles	01:06:31	Sue McTigue	Myerscough 10	01/12/2024	V55
Half Marathon	01:27:03	Sue McTigue	Great North Run	08/09/2024	V55
Metric Marathon	01:59:05	Emma Walton	Chester Metric Marathon	04/10/2015	Sen
20 Miles	02:32:49	Ellie Wright	The Golden Ball 20 Mile	03/09/2017	Sen
Marathon	03:02:15	Sue McTigue	Dresden Marathon	22/10/2023	V50

<b>BRR Club Records - Male - OVERALL</b>					
<b>Distance</b>	<b>Time</b>	<b>Name</b>	<b>Event</b>	<b>Date</b>	<b>Class</b>
5k	00:15:49	Joshua Crowther	Dorney Lake 5k	12/12/2021	Sen
5 Miles	00:26:32	Alexander Curran	Green Drive 5	22/10/2023	Sen
10k	00:33:03	Alexander Curran	Bernie's 10k	24/03/2024	Sen
10 Miles	00:55:10	Matthew Bishop	Preston 10 Mile Road Race	17/11/2024	V40
Half Marathon	01:13:26	Matthew Bishop	Central Lancashire New Year Half Marathon	19/01/2025	V40
Metric Marathon	01:34:50	Joshua Crowther	Chester Metric Marathon	06/10/2019	Sen
20 Miles	01:58:30	Joshua Crowther	Trimpell 20m	18/03/2018	Sen
Marathon	02:34:41	Joshua Crowther	Dorney Lake Easter Marathon	03/04/2021	Sen

## BRR Club Records - Female - SEN

Distance	Time	Name	Event	Date	Class
5k	00:19:12	Ellie Wright	Walney Island 5k	25/09/2022	Sen
5 Miles	00:32:50	Rachael Gavin	Hale Village 5 Mile	01/04/2018	Sen
10k	00:41:01	Rachael Gavin	3-1-5 Health Clubs 10k Winter Series	13/01/2018	Sen
10 Miles	01:07:49	Ellie Wright	Myerscough 10	03/12/2017	Sen
Half Marathon	01:28:24	Shirin Ibrahim	Barcelona Half Marathon	16/02/2025	Sen
Metric Marathon	01:59:05	Emma Walton	Chester Metric Marathon	04/10/2015	Sen
20 Miles	02:32:49	Ellie Wright	The Golden Ball 20 Mile	03/09/2017	Sen
Marathon	03:07:57	Shirin Ibrahim	TCS London Marathon	21/04/2024	Sen

## BRR Club Records - Male - SEN

Distance	Time	Name	Event	Date	Class
5k	00:15:49	Joshua Crowther	Dorney Lake 5k	12/12/2021	Sen
5 Miles	00:26:32	Alexander Curran	Green Drive 5	22/10/2023	Sen
10k	00:33:03	Alexander Curran	Bernie's 10k	24/03/2024	Sen
10 Miles	00:56:06	Alexander Curran	St.Annes 10 Miler	28/01/2024	Sen
Half Marathon	01:13:47	Alexander Curran	Inskip Half Marathon	20/01/2024	Sen
Metric Marathon	01:34:50	Joshua Crowther	Chester Metric Marathon	06/10/2019	Sen
20 Miles	01:58:30	Joshua Crowther	Trimpell 20	18/03/2018	Sen
Marathon	02:34:41	Joshua Crowther	Dorney Lake Easter Marathon	03/04/2021	Sen

## BRR Club Records - Female - V35

Distance	Time	Name	Event	Date	Class
5k	00:21:25	Hayley Duckworth	LMAC Power of 5k	23/08/2024	V35
5 Miles	00:35:45	Sandra Snape	Haigh Hall 5 Mile	19/07/2000	V35
10k	00:40:43	Helen McKeating	Ribble Valley 10k	26/12/2004	V35
10 Miles	01:08:57	Helen McKeating	Preston 10 Mile	21/11/2004	V35
Half Marathon	01:33:41	Helen McKeating	Lancaster Half Marathon	05/09/2004	V35
Metric Marathon	02:10:17	Hayley Duckworth	MBNA Chester Metric Marathon	06/10/2024	V35
20 Miles	02:41:46	Hayley Duckworth	Trimpell 20	10/03/2024	V35
Marathon	03:21:29	Helen McKeating	London Marathon	23/04/2006	V35

## BRR Club Records - Male - V35

Distance	Time	Name	Event	Date	Class
5k	00:17:27	Matt Simpson	Lancaster & Morecambe AC 5k Race Series	20/07/2018	V35
5 Miles	00:28:27	David Birtwistle	City of Preston 5 Mile	13/08/2017	V35
10k	00:33:50	David Birtwistle	Ribble Valley 10k	27/12/2016	V35
10 Miles	00:57:51	Matthew Bishop	Preston 10 Mile Road Race	20/11/2022	V35
Half Marathon	01:14:48	David Birtwistle	Central Lancashire New Year Half Marathon	08/01/2017	V35
Metric Marathon	01:39:21	David Birtwistle	Chester Metric Marathon	04/10/2015	V35
20 Miles	01:58:53	Matthew Bishop	Trimpell 20	10/03/2024	V35
Marathon	02:40:39	Matthew Bishop	TCS London Marathon	23/04/2023	V35

## BRR Club Records - Female - V40

Distance	Time	Name	Event	Date	Class
5k	00:21:25	Shirley Hargreaves	Lancaster & Morecambe AC 5k Race Series	02/08/2019	V40
5 Miles	00:33:48	Joanne Sharp	Rudolfs Red Nose 5 Mile Race	24/12/2016	V40
10k	00:40:31	Joanne Sharp	Pilling 10k Race Series	10/09/2016	V40
10 Miles	01:09:37	Joanne Sharp	Sweatshop 10 Mile	15/03/2015	V40
Half Marathon	01:29:25	Joanne Sharp	Great North West Half Marathon	19/02/2017	V40
Metric Marathon	02:11:13	Shirley Hargreaves	Chester Metric Marathon	02/10/2016	V40
20 Miles	02:46:06	Margaret Morley	Trimpell 20 Mile	20/03/2016	V40
Marathon	03:39:42	Margaret Morley	Virgin Money London Marthon	24/04/2016	V40

## BRR Club Records - Male - V40

Distance	Time	Name	Event	Date	Class
5k	00:16:15	David Birtwistle	LMAC Power of 5k	18/03/2022	V40
5 Miles	00:27:20	David Birtwistle	Green Drive 5	23/10/2022	V40
10k	00:33:04	David Birtwistle	Ribble Valley 10k	27/12/2022	V40
10 Miles	00:55:10	Matthew Bishop	Preston 10 Mile Road Race	17/11/2024	V40
Half Marathon	01:13:13	Matthew Bishop	Wilmslow Half Marathon	23/03/2025	V40
Metric Marathon	01:49:30	Ben Johnson	Chester Metric Marathon	06/10/2019	V40
20 Miles	02:01:04	David Birtwistle	Trimpell 20	12/03/2023	V40
Marathon	02:36:40	Matthew Bishop	Adidas Manchester Marathon	27/04/2025	V40

## BRR Club Records - Female - V45

Distance	Time	Name	Event	Date	Class
5k	00:20:13	Joanne Sharp	Vernons Hunters 5k Series	19/06/2018	V45
5 Miles	00:34:25	Joanne Sharp	Rudolfs Red Rose 5 Mile Race	29/12/2017	V45
10k	00:39:55	Joanne Sharp	Pilling 10k Race Series	29/09/2018	V45
10 Miles	01:08:13	Joanne Sharp	Sweatshop 10 Mile	18/03/2018	V45
Half Marathon	01:27:14	Joanne Sharp	Great North Run	09/09/2018	V45
Metric Marathon	02:11:51	Fiona Lynch	MBNA Chester Metric Marathon	06/10/2024	V45
20 Miles	02:37:02	Jeanette Richards	The Golden Ball 20 Mile	07/09/2014	V45
Marathon	03:27:31	Jeanette Richards	Virgin Money London Marathon	24/04/2016	V45

## BRR Club Records - Male - V45

Distance	Time	Name	Event	Date	Class
5k	00:17:42	Jason Rippingale	LMAC Power of 5k	18/03/2022	V45
5 Miles	00:29:18	Mick Nester	St.Helens 5 Mile	01/09/1999	V45
10k	00:33:57	Mick Nester	Salford 10k	03/04/1999	V45
10 Miles	00:57:41	Mick Nester	Knowsley 10 Mile	09/05/1999	V45
Half Marathon	01:16:06	Mick Nester	Great North West Half Marathon	20/05/2001	V45
Metric Marathon	02:02:32	Andy Wilcock	Chester Metric Marathon	08/10/2017	V45
20 Miles	02:10:36	Jason Rippingale	Trimpell 20	21/08/2022	V45
Marathon	02:44:04	Mick Nester	Blackpool Marathon	08/08/1999	V45

## BRR Club Records - Female - V50

Distance	Time	Name	Event	Date	Class
5k	00:22:50	Shirley Hargreaves	LMAC Power of 5k	13/12/2024	V50
5 Miles	00:37:54	Eileen Newman	Green Drive 5 Mile	17/10/2004	V50
10k	00:39:21	Sue McTigue	Run Tatton 10k	19/11/2023	V50
10 Miles	01:18:12	Eileen Newman	Guys 10 Mile	07/12/2003	V50
Half Marathon	01:32:43	Sue McTigue	Great North Run	10/09/2023	V50
Metric Marathon	02:25:49	Jeanette Baron	Chester Metric Marathon	04/10/2015	V50
20 Miles	02:57:34	Gail Bamber	Trimpell 20	21/08/2022	V50
Marathon	03:02:15	Sue McTigue	Dresden Marathon	22/10/2023	V50

## BRR Club Records - Male - V50

Distance	Time	Name	Event	Date	Class
5k	00:17:23	Dave Almond	Podium 5k	27/08/2018	V50
5 Miles	00:29:38	Dave Almond	Fairclough 5 Mile	29/10/2017	V50
10k	00:34:37	Mick Nester	Salford 10k	09/04/2004	V50
10 Miles	00:57:57	Mick Nester	Chorley 10 Mile	30/05/2004	V50
Half Marathon	01:15:26	Mick Nester	Lancaster Half Marathon	03/09/2006	V50
Metric Marathon	01:54:58	Lee Denton	Chester Metric Marathon	02/10/2016	V50
20 Miles	02:14:20	Jason Cook	Trimpell 20 Mile	18/03/2018	V50
Marathon	02:42:32	Mick Nester	London Marathon	23/04/2006	V50

## BRR Club Records - Female - V55

Distance	Time	Name	Event	Date	Class
5k	00:19:03	Sue McTigue	Morecambe 5k	02/06/2024	V55
5 Miles	00:37:41	Trudi Jenkinson	Green Drive 5	23/10/2022	V55
10k	00:41:12	Sue McTigue	Ribble Valley 10k	29/12/2024	V55
10 Miles	01:06:31	Sue McTigue	Myerscough 10	01/12/2024	V55
Half Marathon	01:27:03	Sue McTigue	Great North Run	08/09/2024	V55
Metric Marathon	02:22:31	Jeanette Baron	Chester Metric Marathon	07/10/2018	V55
20 Miles	02:54:15	Jeanette Baron	Golden Ball 20 Mile	01/09/2019	V55
Marathon	03:31:27	Trudi Jenkinson	Sydney Marathon	15/09/2024	V55

## BRR Club Records - Male - V55

Distance	Time	Name	Event	Date	Class
5k	00:19:34	William Taylor	Docklands Marina 5k	27/07/2025	V55
5 Miles	00:32:09	Brian Shaw	Haigh Hall 5 Mile	21/05/1997	V55
10k	00:40:30	Brian Shaw	Blackpool 10k	11/05/1997	V55
10 Miles	01:07:06	John Mitchell	Llandudno 10 Mile	11/11/2000	V55
Half Marathon	01:25:55	Derek Coleran	Benidorm Half Marathon	26/11/2000	V55
Metric Marathon	02:05:43	Harry Catherall	Chester Metric Marathon	07/10/2018	V55
20 Miles	02:36:38	Harry Catherall	Oulton Park Running GP 20m	01/03/2020	V55
Marathon	03:25:16	Andy Wilcock	Adidas Manchester Marathon	16/04/2023	V55

## BRR Club Records - Female - V60

Distance	Time	Name	Event	Date	Class
5k	00:25:21	Jeanette Baron	BRR Club Handicap 5k	06/09/2023	V60
5 Miles	00:39:38	Norma Smith	Green Drive 5 Mile	21/10/2007	V60
10k	00:48:18	Norma Smith	Leeds Abbey Dash	25/11/2007	V60
10 Miles	01:23:18	Norma Smith	Sale 10 Mile	06/08/2006	V60
Half Marathon	01:48:48	Norma Smith	Liverpool Half Marathon	02/03/2008	V60
Metric Marathon	02:28:03	Eileen Newman	Chester Metric Marathon	02/10/2016	V60
20 Miles	03:04:32	Liz Skupski	The Golden Ball 20 Mile	13/03/2022	V60
Marathon	03:51:46	Norma Smith	London Marathon	13/04/2008	V60

## BRR Club Records - Male - V60

Distance	Time	Name	Event	Date	Class
5k	00:22:18	Rick Slater	Hollingworth Lake 5k Series	16/05/2018	V60
5 Miles	00:33:33	John Mitchell	Green Drive 5 Mile	17/10/2004	V60
10k	00:41:15	Ray Moulding	Blackpool 10k	08/05/1994	V60
10 Miles	01:08:27	John Mitchell	Preston 10 Mile	21/11/2004	V60
Half Marathon	01:27:34	John Mitchell	Helsby Half Marathon	18/01/2004	V60
Metric Marathon	02:05:44	Rick Slater	Chester Metric Marathon	07/10/2018	V60
20 Miles	02:52:51	Rick Slater	The Golden Ball 20 Mile	02/09/2018	V60
Marathon	03:27:42	Rick Slater	Greater Manchester Marathon	08/04/2018	V60



## BRR Club Records - Female - V65

Distance	Time	Name	Event	Date	Class
5k	00:30:25	Madeline Haworth	BRR Club Handicap	17/07/2019	V65
5 Miles	00:43:21	Norma Smith	Green Drive 5 Mile	18/10/2015	V65
10k	00:54:38	Norma Smith	Blackpool Air Show 10k	09/08/2015	V65
10 Miles	01:30:13	Norma Smith	Preston 10 Mile Road Race	15/11/2015	V65
Half Marathon	01:59:57	Norma Smith	Haweswater Half Marathon	01/03/2015	V65
Metric Marathon	02:28:52	Norma Smith	Chester Metric Marathon	04/10/2015	V65
20 Miles	03:14:21	Norma Smith	Spen 20	15/03/2015	V65
Marathon	04:16:43	Norma Smith	Virgin Money London Marathon	24/04/2016	V65

## BRR Club Records - Male - V65

Distance	Time	Name	Event	Date	Class
5k	00:22:55	George Bell	LMAC Power of 5k	28/07/2023	V65
5 Miles	00:34:15	Ray Moulding	Haigh Hall 5 Mile	21/08/1996	V65
10k	00:43:13	Ray Moulding	Hoad Hill 10k	01/12/1996	V65
10 Miles	01:10:27	Ray Moulding	Brampton 10 Mile	16/11/1996	V65
Half Marathon	01:44:56	John Mitchell	Kirkcudbright Half Marathon	25/05/2008	V65
Metric Marathon	02:15:34	George Bell	Chester Metric Marathon	03/10/2021	V65
20 Miles	03:03:15	Phil White	Golden Ball 20 Mile	01/09/2019	V65
Marathon	03:55:38	David Lloyd	TCS London Marathon	02/10/2022	V65

## BRR Club Records - Female - V70

Distance	Time	Name	Event	Date	Class
5k	00:30:49	Kathleen Brayshaw	Penwortham Bypass 5k	21/07/2019	V70
5 Miles	00:46:27	Norma Smith	Green Drive 5 Mile	21/10/2018	V70
10k	00:54:45	Norma Smith	Pilling 10k Race Series	09/07/2016	V70
10 Miles	01:32:08	Norma Smith	Sweatshop 10 Mile	12/03/2017	V70
Half Marathon	02:08:05	Norma Smith	Haweswater Half Marathon	05/03/2017	V70
Metric Marathon	02:33:11	Norma Smith	Chester Metric Marathon	02/10/2016	V70
20 Miles					V70
Marathon	04:47:35	Norma Smith	Virgin Money London Marathon	22/04/2018	V70

## BRR Club Records - Male - V70

Distance	Time	Name	Event	Date	Class
5k	00:23:28	Phil White	LMAC Power of 5k	25/07/2025	V70
5 Miles	00:36:44	John Mitchell	Green Drive 5 Mile	21/10/2012	V70
10k	00:47:07	John Mitchell	Wesham 10k	24/11/2012	V70
10 Miles	01:16:49	Ray Moulding	Preston 10 Mile	18/11/2001	V70
Half Marathon	01:47:54	John Mitchell	Preston Guild Half Marathon	28/10/2012	V70
Metric Marathon	02:18:25	Phil White	MBNA Chester Metric Marathon	06/10/2024	V70
20 Miles	04:20:46	Ian Goodliffe	Trimpell 20	12/03/2023	V70
Marathon	04:28:15	Phil White	Sydney Marathon	15/09/2024	V70

## BRR Club Records - Female - V75

Distance	Time	Name	Event	Date	Class
5k	00:29:26	Norma Smith	BRR Club Handicap 5k	31/08/2022	V75
5 Miles	00:47:44	Norma Smith	Green Drive 5 Mile	24/10/2021	V75
10k	00:58:24	Norma Smith	Stanley Park 10k	26/02/2022	V75
10 Miles	01:38:46	Norma Smith	St.Anne's 10 Miler	30/01/2022	V75
Half Marathon	02:15:20	Norma Smith	Oulton Park Running GP Half Marathon	20/11/2022	V75
Metric Marathon					V75
20 Miles					V75
Marathon					V75

## BRR Club Records - Male - V75

Distance	Time	Name	Event	Date	Class
5k					V75
5 Miles					V75
10k					V75
10 Miles					V75
Half Marathon					V75
Metric Marathon					V75
20 Miles					V75
Marathon					V75