



Blackburn Road Runners

Highland Spring 4 Mile Multi Terrain Race

Friday 5th June 2009 @ 7.30

Under UK Athletic Rules. Licence No. applied for

Witton Park - Preston Old Road - Blackburn BB2 2TP

PRIZES

1st 3 Men

1st 3 Women

1st MV 40 - 70

1st FV 35 -65

Minimum Age 15 years

Registration At The Pavilion, Witton Park

From 6.00pm

Make Cheques payable to:

Blackburn Road Runners

(No refunds)

ENTRY FEES

UK Athletics Club

Members £4.00

Unattached £6.00

ENTRIES ON THE

NIGHT £1.00 EXTRA



Entries to: Adrian Batson 1Midsummer Street Blackburn BB2 1HH Tel: 01254 609628

ENTRY FORM 4 Mile Multi-terrain Race. 5th June 2009

Forename.....Surname.....M/F.....D.o.B.....Age on Race Day.....

Address..... Running Club/Unattached.....

..... England Athletics Reg. No.....

.....Postcode..... e-mail.....Tel:.....

I am an amateur as defined by UK Athletics Rules. I am medically fit to take part. I agree that the organisers/sponsors shall not be responsible for any loss, accident or injury (or loss/damage to property) arising from my participation in this event. Data protection. Information supplied on this form will be retained on a database to enable Blackburn Road Runners to inform you of Club Promotions. Your details will not be passed on to any other organisation. If you do not wish your information to be retained tick here.

Signed.....DATE.....

(Must be signed by parent or guardian if competitor aged under 18 years.)

Race No.

Please send SAE for number and info. **No SAE number to be picked up on the night. Incorrect postage items will not be collected from the Royal Mail.** Last post out date for numbers: Monday 1st June. Entries received after this date, collect numbers on the night.

From ukresults.net