

WOMEN'S CHAMPIONSHIP 2009

race		cat	date	time	fast	best		no. races	fast	posn	best	posn
J Bingham	Garstang 10K	FV40	25/01/2009	00:53:25	768	1093	S	4	2991	8	4275	8
	Chester 1/2 M	FV40	05/05/2009	02:02:33	734	1057	L					
	Granny's 10M	FV40	16/08/2009	01:28:37	767	1084	L					
	Garstang 1/2 mar	FV40	20/09/2009	02:04:42	722	1041	L					
L Bowes	Garstang 10K	FV40	25/01/2009	00:52:30	781	1117	S	5	3851	1	5510	2
	Blackpool 1/2 mar	FV40	05/04/2009	01:53:55	790	1139	L					
	Chernobyl 10K	FV40	02/08/2009	00:52:12	785	1127	S					
	BUPA Gt N Run	FV40	20/09/2009	02:06:33	711	1027	L					
	Pier to Pier	FV40	11/10/2009	01:26:54	783	1102	L					
L Dewhirst	Gt Nwwestern 1/2 M	FV40	23/02/2009	01:47:20	839	1213	L	4	3274	6	4586	7
	Spennithorne 20	FV40	15/03/2009	03:02:23	753	1081	L					
	London mar	FV40	26/04/2009	04:18:22	813	1065	L					
	Edinburgh Mar	FV40	05/05/2009	04:17:23	816	1069	L					
	Chernobyl 10K	FV45	02/08/2009	00:50:53	806	1233	S					
S Fitch	BUPA Gt N Run	FV40	20/09/2009	02:15:13	666	961	L	1	666	18	961	19
B Fullard	Edinburgh Mar	FV50	05/05/2009	04:22:34	800	1207	L	1	800	15	1207	16
S Halstead	Brass Monkey	FV35	18/01/2009	01:52:39	799	1087	L	4	3138	10	4276	11
	Gt Nwwestern 1/2 M	FV35	23/02/2009	01:49:47	820	1117	L					
	Haweswater 1/2 mar	FV35	01/03/2009	01:53:40	792	1079	L					
	Spennithorne 20	FV35	15/03/2009	03:07:30	733	1009	L					
	Edinburgh Mar	FV35	05/05/2009	04:30:55	775	967	L					
	Macclesfield 1/2 M	FV35	27/09/2009	02:01:21	742	1020	L					
	Through Villages	FV35	01/11/2009	01:16:53	727	993	S					

M Haworth	Edinburgh Mar	FV55	05/05/2009	04:25:41
	Manchester 10K	FV55	05/07/2009	00:55:53
	Chernobyl 10K	FV55	02/08/2009	00:55:43
	Salford 10 K	FV55	27/09/2009	00:55:00

790	1255	L	4	3005	7	5074	4
734	1268	S					
736	1270	S					
748	1282	S					

M Holden	Fleetwood 10K	FV40	12/09/2009	00:45:31
	Chernobyl 10K	FV40	02/08/2009	00:45:43
	Preston 10 K	FV40	27/09/2009	00:46:23
	Pier to Pier	FV40	11/10/2009	01:19:32

901	1269	S	4	3537	4	5007	5
897	1266	S					
884	1256	S					
855	1216	L					

J Horrocks	Garstang 10K	FV40	25/01/2009	00:58:12
	Fleetwood 1/2 M	FV40	13/09/2009	01:54:10
	Chernobyl 10K	FV40	02/08/2009	00:54:40
	Dublin Mar	FV40	26/10/2009	04:18:23

704	1013	S	4	3055	9	4385	12
788	1135	L					
750	1072	S					
813	1165	L					

M Houghton	Garstang 10K	FV40	25/01/2009	00:54:37
	Blackpool 1/2 mar	FV40	05/04/2009	02:07:53
	Chernobyl 10K	FV40	02/08/2009	00:55:45
	BUPA Gt N Run	FV40	20/09/2009	02:04:10
	Preston 10 K	FV40	27/09/2009	00:54:00
	Pier to Pier	FV40	11/10/2009	01:29:55
	Through Villages	FV40	01/11/2009	01:21:42

751	1073	S	5	3726	3	5326	3
704	1016	L					
735	1054	S					
725	1045	L					
759	1083	S					
756	1071	L					
648	984	S					

L James	Green Drive 5	FV50	25/10/2009	00:50:20
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656	1067	S	1	656		1067	
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M Keighley	Cuerdon 10K	FV35	13/09/2009	00:57:42
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711	971	S	1	711	17	971	18
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Lynda Mason	Horwich Jubilee 5 m	FV55	15/07/2009	00:52:26
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629	1093	S	1	629	19	1093	17
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S Marshall	Fleetwood 1/2 M	FV50	13/09/2009	01:55:11
	Green Drive 5	FV50	25/10/2009	00:40:38

781	1263	L	2	1593	16	2546	15
812	1283	S					

E Newman	Haweswater 1/2 mar	FV55	01/03/2009	02:01:23	741	1279	L	4	3085	11	5144	9
	Spennithorne 20	FV55	15/03/2009	03:11:26	718	1254	L					
	London mar	FV55	26/04/2009	04:16:55	817	1280	L					
	Green Drive 5	FV55	25/10/2009	00:40:47	809	1331	S					
J Ridehalgh	BUPA Gt N Run	FV40	20/09/2009	01:45:04	857	1230	L	2	1719	13	2468	13
	Preston 10 K	FV40	27/09/2009	00:47:33	862	1238	S					
L Riding	Edinburgh Mar	FV40	05/05/2009	05:08:17	681	895	L	4	2779	14	3890	14
	Horwich Jubilee 5 m	FV40	15/07/2009	00:52:26	629	896	S					
	Green Drive 5	FV40	25/10/2009	00:50:20	656	934	S					
	Dublin Mar	FV40	26/10/2009	04:18:23	813	1165	L					
D Rudland	Guy Fawkes	FV40	01/11/2009	01:43:17	658	939	L	1	658		939	
L Rusyn	Gt Nwwestern 1/2 M	FV50	23/02/2009	02:02:41	734	1209	L	4	2989	12	4646	10
	Edinburgh Mar	FV50	05/05/2009	04:52:51	717	1069	L					
	Preston 10 K	FV50	27/09/2009	00:57:57	708	1159	S					
	Green Drive 5	FV50	25/10/2009	01:23:00	830	1209	S					
N Smith	Brass Monkey	LV60	18/01/2009	01:56:52	770	1356	L	5	3962	2	6831	1
	Gt Nwwestern 1/2 M	LV60	23/02/2009	01:56:21	774	1359	L					
	Haweswater 1/2 mar	LV60	01/03/2009	01:57:41	765	1352	L					
	Spennithorne 20	LV60	15/03/2009	03:17:21	696	1289	L					
	London mar	LV60	26/04/2009	04:15:04	823	1337	L					
	Edinburgh Mar	LV60	05/05/2009	04:21:09	804	1321	L					
	Manchester 10K	LV60	05/07/2009	00:54:17	755	1348	S					
	Salford 10 K	LV60	27/09/2009	00:52:30	783	1374	S					
	Green Drive 5	LV60	25/10/2009	00:42:24	778	1390	S					
	Guy Fawkes	LV60	01/11/2009	01:36:16	706	1290	L					
S Snape	Brass Monkey	FV40	18/01/2009	01:47:38	836	1211	L	5	4291	5	6105	6

Winter Warmer	FV40	14/02/2009	00:49:23	830	1209	S
Gt Nwwestern 1/2 M	FV40	23/02/2009	01:44:47	859	1232	L
Haweswater 1/2 mar	FV40	01/03/2009	01:46:48	843	1217	L
Spn 20	FV40	15/03/2009	02:56:18	779	1119	L
Blackpool 1/2 mar	FV40	05/04/2009	01:42:40	877	1249	L
London mar	FV40	26/04/2009	03:51:45	906	1201	L
Geneva 1/2 M	FV40	05/05/2009	01:49:05	825	1199	L
Manchester 10K	FV40	05/07/2009	00:50:03	819	1198	S

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