



Ladies Championship Fast Points

For Period 01/01/2011

to 30/09/2011

Qualifying Races	Total Points	Name	Race Name	Time	Fast Points	Length
5	4306	Julie Ridehalgh	London Marathon	03:59:21	877	Long
			Edinburgh Marathon	04:02:43	865	Long
			Wagon and Horses 10	01:19:46	852	Long
			Run Preston 10K	00:47:37	861	Short
			Chernobyl 10K	00:48:12	851	Short
	4188	Lesley Dewhirst	Edinburgh Marathon	03:59:19	877	Long
			London Marathon	04:00:55	872	Long
			22nd Great North West Half Marathon, Blackpool	01:50:00	818	Long
			DW Southport Beach 10K	00:50:27	813	Short
			Chernobyl 10K	00:50:43	808	Short
	4041	Susan Wolstenholme	Edinburgh Marathon	04:06:09	853	Long
			Wilmslow Half Marathon	01:54:17	788	Long
			DW Southport Beach 10K	00:51:08	802	Short
			Chernobyl 10K	00:51:06	802	Short
			Sotos 10K	00:51:29	796	Short
	4038	Norma Smith	Edinburgh Marathon	03:59:44	876	Long
			London Marathon	04:13:58	827	Long
			22nd Great North West Half Marathon, Blackpool	01:56:20	774	Long
			Sotos 10K	00:52:19	784	Short
			Chernobyl 10K	00:52:45	777	Short

Qualifying Races	Total Points	Name	Race Name	Time	Fast Points	Length
------------------	--------------	------	-----------	------	-------------	--------

3705

Michelle Houghton

Ultrafit St Annes 10 Mile	01:31:31	743	Long
22nd Great North West Half Marathon, Blackpool	02:04:26	723	Long
Chernobyl 10K	00:54:36	751	Short
Hilton 10K	00:54:39	750	Short
Run Preston 10K	00:55:33	738	Short

4

3189

Eileen Newman

Edinburgh Marathon	04:13:51	827	Long
Haweswater Half Marathon	01:55:53	777	Long
Chernobyl 10K	00:51:22	798	Short
Kranjska Gora 10K	00:52:04	787	Short

3070

Linda Rusyn

Edinburgh Marathon	04:23:45	796	Long
Elswick 10	01:32:43	733	Long
Chernobyl 10K	00:52:51	776	Short
Sotos 10K	00:53:37	765	Short

3011

Sandra Snape

Kirkcudbright Academy Half Marathon	02:02:09	737	Long
Sotos 10K	00:53:40	764	Short
Morecambe 10K	00:53:46	763	Short
Blacksticks Blue 10K	00:54:51	747	Short

2977

Lorna Bowes

Ultrafit St Annes 10 Mile	01:31:30	743	Long
22nd Great North West Half Marathon, Blackpool	02:04:25	723	Long
Chernobyl 10K	00:53:11	771	Short
Garstang 10K Road Race	00:55:25	740	Short

3

Qualifying Races	Total Points	Name	Race Name	Time	Fast Points	Length
	2406	Janet Horrocks	Fleetwood 1/2 Marathon	01:49:16	824	Long
			Macclesfield Half Marathon	01:50:00	818	Long
			Connemara Ultra Marathon	06:52:18	764	Long
	2375	Joanne Bingham	Ultrafit St Annes 10 Mile	01:23:33	814	Long
			Edinburgh Marathon	04:32:23	771	Long
			Chernobyl 10K	00:51:53	790	Short
	2137	Madeline Haworth	Hilton Half Marathon	02:04:43	722	Long
			Chernobyl 10K	00:55:17	742	Short
			Sotos 10K	01:00:57	673	Short
	1989	Tina Delaney	Paris Half Marathon	02:27:00	612	Long
			Malta Half Marathon	02:41:22	558	Long
			Bromley 10K	00:50:04	819	Short
	1726	Denise Gaffing	Edinburgh Marathon	05:43:37	611	Long
			Liverpool Half Marathon	02:34:10	584	Long
			Bupa Greath North Run (1/2M)	02:49:20	531	Long
2	1702	Andrea Haworth	Edinburgh Marathon	04:00:11	874	Long
			Chernobyl 10K	00:49:31	828	Short
	1661	Samantha Oates	Liverpool Half Marathon	01:50:47	812	Long
			Stanley Park 10K	00:48:18	849	Short

Qualifying Races	Total Points	Name	Race Name	Time	Fast Points	Length
	1618	Bev Tabiner	Garstang Half Marathon	01:54:08	789	Long
			Sotos 10K	00:49:29	829	Short
	1595	Vicky Valovin	St Georges Day 10K	00:50:39	809	Short
			Salford 10K	00:52:08	786	Short
	1514	Lisa Ingham	Run Preston 10K	00:53:16	770	Short
			Chernobyl 10K	00:55:05	744	Short
	1343	Sarah Fitch	Edinburgh Marathon	05:05:23	688	Long
			Bupa Greath North Run (1/2M)	02:17:28	655	Long
1	825	Margaret Keighley	Edinburgh Marathon	04:14:26	825	Long
	764	Liona Riding	Connemara Ultra Marathon	06:52:19	764	Long
	685	Janet Lowry	Run Preston 10K	00:59:50	685	Short
	635	Annemarie Young	Bupa Greath North Run (1/2M)	02:21:45	635	Long
	626	Joanne Eccles	London Marathon	05:35:22	626	Long
	624	Elsie Martin	Hilton Half Marathon	02:24:07	624	Long

Qualifying Races	Total Points	Name	Race Name	Time	Fast Points	Length
------------------	--------------	------	-----------	------	-------------	--------

591

[Sarah Slater](#)

Sotos 10K	01:09:19	591	Short
-----------	----------	-----	-------

549

[Lynda Mason](#)

Malta Half Marathon	02:44:00	549	Long
---------------------	----------	-----	------
