



Mens Championship Fast Points

For Period 01/01/2011

to 14/08/2011

Total
Qualifying
Races

5

Fast Points
Total

Name

Race Name

Time

Fast Points

Length

5340

Chris Grayson

Freckleton Half Marathon	01:28:47	1017	Long
22nd Great North West Half Marathon, Blackpool	01:29:06	1013	Long
City of Manchester 10K	00:37:33	1122	Short
Warrington 10K	00:38:08	1096	Short
The Moonraker 10K	00:38:15	1092	Short

5241

Shafiq Khan

London Marathon	03:14:29	1078	Long
Wilmslow Half Marathon	01:28:29	1022	Long
Bupa Gt Manchester 10K	00:39:15	1058	Short
City of Manchester 10K	00:39:41	1044	Short
Catforth 10K	00:39:49	1039	Short

4576

Stuart Smith

Edinburgh Marathon	03:51:51	906	Long
Ultrafit St Annes 10 Mile	01:15:24	902	Long
Chernobyl 10K	00:42:52	956	Short
Catforth 10K	00:43:35	941	Short
Chernobyl 10K	00:47:04	871	Short

4477

Andrew Oates

Freckleton Half Marathon	01:41:15	889	Long
Liverpool Half Marathon	01:42:41	876	Long
Catforth 10K	00:44:23	924	Short
Sotos 10K	00:45:22	904	Short
Stanley Park 10K	00:46:22	884	Short

Total Qualifying Races	Fast Points Total	Name	Race Name	Time	Fast Points	Length
	4432	Michael Chimejczuk	Ultrafit St Annes 10 Mile	01:17:10	881	Long
			Elswick 10	01:19:00	861	Long
			Catforth 10K	00:44:43	917	Short
			Stanley Park 10K	00:46:14	887	Short
			Chernobyl 10K	00:46:18	886	Short
	4410	Philip White	22nd Great North West Half Marathon, Blackpool	01:43:36	869	Long
			Haweswater Half Marathon	01:45:10	856	Long
			Sotos 10K	00:45:22	904	Short
			Catforth 10K	00:45:21	904	Short
			Great North 10K	00:46:46	877	Short
	4291	John Mitchell	Elswick 10	01:16:49	885	Long
			Mansfield Half Marathon	01:53:41	792	Long
			Catforth 10K	00:45:46	896	Short
			Wythenshawe Park 5 Mile	00:38:14	863	Short
			Stanley Park 10K	00:47:56	855	Short
	3952	Paul Walmsley	Haweswater Half Marathon	01:54:38	785	Long
			Edinburgh Marathon	04:40:33	749	Long
			Belle Vue House 10K	00:50:11	817	Short
			Chernobyl 10K	00:51:06	802	Short
			Air Products 10K	00:51:18	799	Short

Total Qualifying Races	Fast Points Total	Name	Race Name	Time	Fast Points	Length
	3168	Craig Wilkinson	Ultrafit St Annes 10 Mile	01:20:54	841	Long
			Coniston 14+ (16.7m)	02:32:49	751	Long
			Three Bridges 10K	00:49:15	832	Short
			Chernobyl 10K	00:55:05	744	Short
	3089	Tim Calcutt	Elswick 10	01:26:07	790	Long
			Chernobyl 10K	00:52:17	784	Short
			Garstang 10K Road Race	00:53:32	766	Short
			Sotos 10K	00:54:45	749	Short
3	3107	Jason Cook	Fairclough 5 Mile Road Race	00:31:40	1053	Short
			Sotos 10K	00:40:06	1030	Short
			Belle Vue House 10K	00:40:17	1024	Short
	2858	Matthew Cooper	London Marathon	03:31:37	992	Long
			22nd Great North West Half Marathon, Blackpool	01:36:24	934	Long
			Ultra Race in Grantham	08:24:05	932	Long
	2701	David Walker	Chernobyl 10K	00:44:32	921	Short
			Sotos 10K	00:45:09	908	Short
			Chernobyl 10K	00:47:02	872	Short
	2652	Robert Jackson	Catforth 10K	00:45:21	904	Short
			Chernobyl 10K	00:46:01	891	Short
			Sotos 10K	00:47:49	857	Short

Total Qualifying Races	Fast Points Total	Name	Race Name	Time	Fast Points	Length
	2580	David Lancaster	Haweswater Half Marathon	01:50:04	818	Long
			Sotos 10K	00:46:15	886	Short
			Chernobyl 10K	00:46:48	876	Short
	2309	Brian Hedley	Ter Speckeloop 10K	00:51:21	798	Short
			Voorschotenloop, Voorschoten 10K	00:54:10	757	Short
			Vakantie Makelaar Loop 10K	00:54:24	754	Short
	2294	David Potts	Chester 1/2 Marathon	01:57:07	768	Long
			Edinburgh Half Marathon	02:02:45	733	Long
			Stanley Park 10K	00:51:44	793	Short
	2236	Peter Chesterton	Edinburgh Marathon	04:42:04	745	Long
			Central Lancashire Half Marathon	02:02:52	733	Long
			Garstang 10K Road Race	00:54:06	758	Short
2	2373	Dave Cronshaw	Rotorua Marathon	02:58:57	1204	Long
			Kawerau Half Marathon	01:20:55	1169	Long
	1745	Michael Moran	Burnley Boys Club 10K	00:45:42	897	Short
			Red Rose Road Runners Alternative Boxing Day 10K	00:48:20	848	Short
	1696	Chris Dickinson	Sotos 10K	00:48:15	850	Short
			Penny Lane Striders 10K	00:48:27	846	Short

Total Qualifying Races	Fast Points Total	Name	Race Name	Time	Fast Points	Length
	1514	David Short				
			Edinburgh Marathon	04:44:14	739	Long
			Sotos 10K	00:52:54	775	Short
	1316	Sajid Iqbal				
			Catforth 10K	00:59:54	684	Short
			Sotos 10K	01:04:55	632	Short
1	809	Ivan Jones				
			Chernobyl 10K	00:50:40	809	Short
	697	Andrew Pickup				
			Catforth 10K	00:58:50	697	Short